



# THE ANGLICAN CHURCH IN QATAR

## *The Church of the Epiphany and The Anglican Centre*

## الكنيسة الانجليكانية في قطر

### IMPORTANT

Dear Leaders of Guest Churches in the Anglican Centre,

2 March 2020

Greetings. We wanted to be in communication with you regarding the news of the recent cases of the Coronavirus (COVID-19) reported here in Qatar. First of all, we need to be praying for those who have contracted the virus, for God's protection and healing.

Secondly, while we realize that it seems that the cases in Qatar are closely contained, we have decided to implement some important precautionary and safeguarding measures at the Anglican Centre.

### General Guidelines

Everyone is strongly encouraged to read through and follow Qatar's Public Health guidelines, which are attached to this letter. It is important for all of us to follow these recommendations for our own protection.

### New Safety Measures for the Anglican Centre

In addition to us all following the Public Health safety measures, we are implanting some new procedures for the Anglican Centre, which include:

- We are communicating with all the congregations that meet on our property as to the precautionary measures they should implement.
- We will put hand sanitizers in all the toilets in the Anglican Centre, and are encouraging you to ask everyone in your congregation to use them during their services times.
- We are asking you to please discourage those in your congregations with coughs and colds from attending your worship services.
- All our Anglican Centre staff will be wearing protective gear – face masks, gloves and each will have their own personal hand sanitizer container to use.
- Please know we inviting one of our doctors to provide an informal awareness session with our staff, to cover best-practice at this time as to working with the weekend worshipping crowds.

### New Recommended Safety Measures at your Congregation

- We seek to maintain excellent hygiene at all levels, including, the ministers and anyone assisting in worship to wash their hands and using alcohol-based hand-sanitizer, especially before serving Holy Communion.
- For the time being, instead of shaking hands when we are altogether, we encourage you to follow the beautiful practice of our Indian brothers and sisters, and greet each other by putting hands pressed together, palms touching and fingers pointing upwards, with a slight bow.



- If in your tradition for *Holy Communion* you drink from a Common Cup, we strongly encourage you to suspend this practice at this time. Other options are the use of small individual cups for each communicant, or using the common practice referred to as '*intinction*' – when the consecrated bread is dipped into the wine/grape juice. NOTE: Some churches in the Gulf have decided to only distribute the Bread during Holy Communion at this time.
- Again, please discouraged your members with coughs and colds from coming to church at this time.

Thank you for assisting us as we seek to follow these guidelines and implement these new measures. Also, we request your prayers at this time for all the medical professionals in our world that are working to both contain and minimize the virus' impact, implement the best treatment possible for those infected, and work on a vaccine.

Meanwhile, we continue to hold each other up in prayer as well during these extraordinary days.

All God's best to each of you.

The Leadership Team of the Anglican Church in Qatar

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# How to protect yourself & others from Coronavirus (2019-nCoV): **CORONAVIRUS INFECTION**

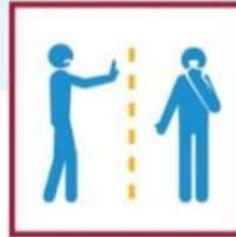
There are currently no vaccines available to protect you against human coronavirus infection. You may be able to Protect yourself from the risk of (2019-nCoV) infection by doing the following:



Wash your hands regularly with soap and water or alcohol-based Hand rub



Avoid touching your eyes, nose, or mouth



Keep distance, avoid close contact, and do not shake hands with persons who suffer cold or flu-like symptoms



Cancel or Postpone unnecessary travel to affected places

If you have Flu-like symptoms, you can help protect others by doing the following:



Stay home and avoid close contact with others until free of symptoms



Cover your mouth and nose when coughing and sneezing with a tissue or flexed elbow, then throw the tissue in the trash, and wash your hands



In case of severe symptoms visit the nearest healthcare facility or call hotline: 66740951 - 66740948



# PROTECT YOURSELF FROM THE NEW CORONAVIRUS (COVID-19)



Make sure you wash your hands with soap and water.  
If soap and water are not available, clean your hands with hand sanitizer



## When coughing or sneezing:

- Cover your nose and mouth with a clean napkin and make sure to throw the used napkin in the trash immediately
- If a napkin is not available, make sure you use the top of your sleeve, not your hands



## Always wash your hands:

- After coughing or sneezing
- Before, during and after preparing food
- Before eating
- After using the restroom
- When caring for patients
- When your hands are dirty
- After handling animals

Try to avoid any contact with people who show symptoms of respiratory diseases such as coughing or sneezing



Avoid touching your nose, eyes and mouth with unclean hands

Make sure you eat a healthy, balanced diet



Avoid contact with stray, sick or dead animals

If you have flu symptoms, use a face mask to avoid infecting others



Make sure to cook your food thoroughly, especially meat and eggs, and avoid raw food

Visit the nearest health center or hospital if you have any flu symptoms



Avoid unnecessary travels to infected countries

# متى تغسل يديك؟ WHEN TO WASH YOUR HANDS?

بعد اللعب مع الحيوانات  
AFTER PLAYING WITH PETS



بعد العطس أو السعال  
AFTER YOU SNEEZE OR COUGH



بعد استخدام دورة المياه  
AFTER USING THE W.C.



قبل و بعد تناول الطعام  
BEFORE & AFTER EATING



بعد اللعب  
AFTER PLAYING



عند العودة للمنزل  
WHEN YOU GO BACK HOME

